

# TOP 10 CHIC HEALTHY RESTAURANTS IN KL UNDER RM 20



It is a tough job trying to eat healthy in KL while scrimping. So here are some suggestions for you to explore around the city.

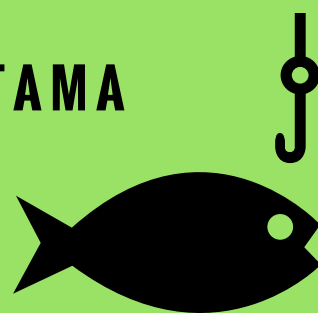
by Chee Sue Anne



## 1 THE FISH BOWL @ SUNWAY & ONE UTAMA

Hawaiian and Japanese inspired Poke Bowls with fresh greens, brown rice and succulent salmon/tuna toppings.

Standard Bowl: RM 17.90



## 2 LA JUICERIA SUPERFOODS @ MONT KIARA

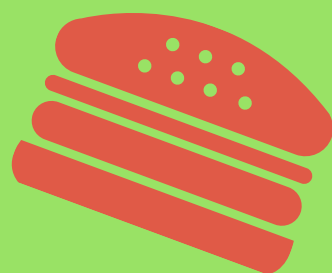
Deliciously healthy natural food, prepared fresh.

Buddha Bowl: RM 18.90

## 3 HALE @ MENARA HAP SENG, KL

An Australian inspired healthy fast food joint, priced affordably

Australian Grass Fed Beef Burger: RM 14.90



## 4 THE GOOD CO. @ BANGSAR

Vegan and vegetarian friendly cafe serving healthy, yummy food

Scallop Dee Kap Salad Pot: RM 18.90

## 5 GREEN GARDEN ORGANIC CAFÉ @ KL

Delicious Asian food with an organic core.

Lotus Root with Assorted Vegetables in Bird's Nest: RM 17



## 6 SIMPLE LIFE @ MULTIPLE LOCATIONS

Chinese styled cuisine with no MSG, no whites (eg. white sugar, flour), no preservatives and no trans-fat.

Organic Black Bean Soup with Brown Rice Mee Sua: RM 14.90



## 7 AENON THE HEALTH KITCHEN @ KL

Simple, palatable, wholesome & healthy food at affordable prices.

Healthy Steamboat: RM 16.50

## 8 JUSTLIFE CAFÉ @ THE GARDENS

Retail outlet selling organic products with it's own attached organic cafe.

Flat Brown Rice Vermicelli in Vegetable Broth: RM 19.00



## 9 CHIMICHURRI @ THE SHCOOL

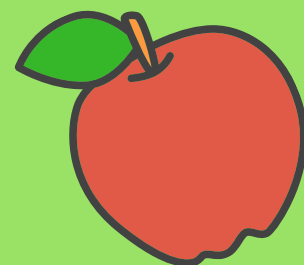
Build your own versatile healthy meal here with a guilt free conscience.

Salmon Fish Fillet Bowl/Wrap/Sandwich: RM 17.50

## 10 ECOGREEN ORGANIC @ TTDI

Fresh, organic, healthy food with an attached organic shop. So you can buy back healthy ingredients for your next meal!

Grilled Mackerel: RM 15.90



If you guys want more lists of healthy places like these, do let me know in my website below and I'll compile them for you so you don't have to sacrifice time or money to discover these great places around KL!